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Rener Gracie (born November 10, 1983) is an American fourth-degree black belt in Gracie Jiu-Jitsu, a head instructor at the Gracie Jiu-Jitsu Academy, and co-creator

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About our head instructor michael miller

Michael Miller is an international martial arts instructor who has been involved with the martial arts for over twenty years. He currently holds a fifth degree black

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